

15/7/22.

Department of Ophthalmology - Assignment

Anatomy & Development of Eye

- The development of the eye is a marvel of complexity, involving a series of intricate cascading cellular events, precisely choreographed by a set of molecular signals that can switch on and off genetic programs.

Development of Eye:-

- During the 5th week of gestation, the eyelids begin to form from contributions of both neural crest infiltrated mesenchyme and nearby surface ectoderm.
- By the 7th week, two distinct eyelid folds are apparent and epithelial cells begin to invaginate in the area of the medial lid margins, forming the precursors to the future lacrimal puncta and canaliculi.
- During the 8th week, the upper and lower eyelid proceed to fuse via epithelial cell migration and proliferation.
- Later mesenchyme begins to infiltrate the lids and begins to form the palpebral musculature.
- In the mid second trimester, a gradual re-separation of the lids commences forming the mature palpebral fissure.

1)

Lacrimal gland:-

DEAN

TAMILNADU MEDICAL COLLEGE & HOSPITAL

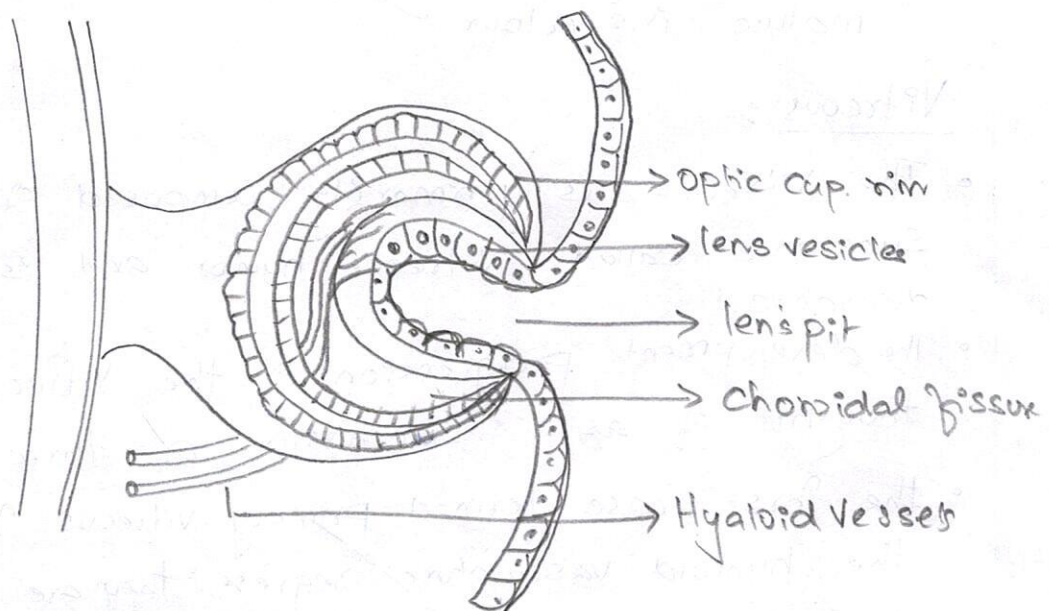
RATNAMANGALAM, MELAKOTTAIYUR POST,

Chennai-600 127.

- The lacrimal gland begins its development in the 7th week of gestation.

derived from successive waves of invading neural crest cells.

- The mature transparent Cornea is ultimately formed ~~from~~ when the mesenchymal derived Stromal keratocytes produce a highly organised Stromal Collagen matrix.



Iris and Ciliary body

- The Iris and ciliary body are a product of the anterior rim of optic cup.
- The inner and outer layers of the anterior rim induced by surrounding mesenchymal development, give rise to the posterior and anterior portion of iris epithelium respectively.
- The intrinsic ~~muscle~~ ^{DEAN} of the iris (Sphincter pupillae/dilator pupillae) ^{RATHINAMANGALAM, MELAKOTTAIYUR POST, Chennai-600 127.}

22/9/21

Krishnan. C.T.

Roll. no: 66

ENT TEST

I. Short notes

1. Lateral wall of nose:-

⇒ The lateral wall of nose is formed by bone, cartilage, soft tissues.

⇒ Bony support is provided by:-

- 1) Ethmoidal labyrinth w/ uncinate process.
- 2) Perpendicular plate of palatine bone.
- 3) Pterygoid process of sphenoidal bone.
- 4) Medial surface of lacrimal bone.
- 5) Medial surface of maxillary bone.
- 6) Superior concha.

* Contents:-

- 1) Naso lacrimal duct - under anterior lip of inferior concha.
- 2) Frontal sinus:- frontonasal duct w/ ethmoidal infundibulum into anterior end of semilunar hiatus.
- 3) Anterior ethmoidal cells:- drain into frontonasal duct or ethmoidal infundibulum.
- 4) Middle ethmoidal cells:- open into ethmoidal bulla.
- 5) Posterior ethmoidal cells:- open into lateral wall of superior nasal meatus.

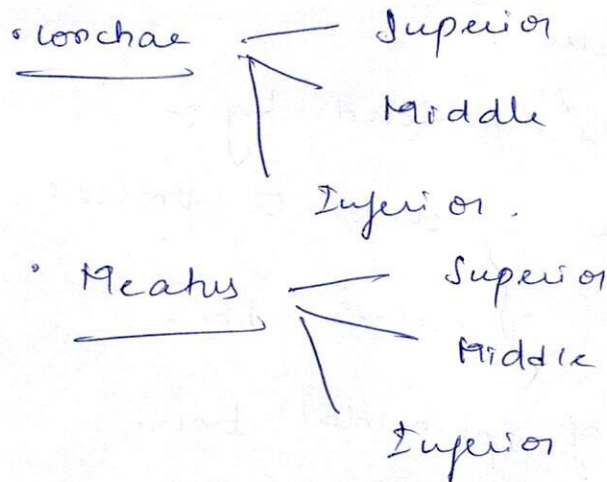
DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
BATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127

6) Maxillary sinus :- open into sphenoidal hiatus.

* It is subdivided into 3 areas

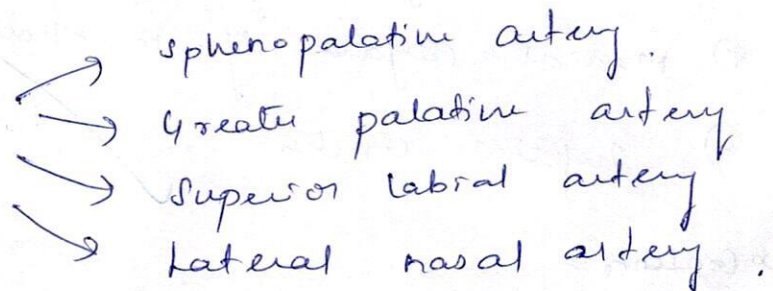
1) vestibule.

2) Nasal concha & meatus.

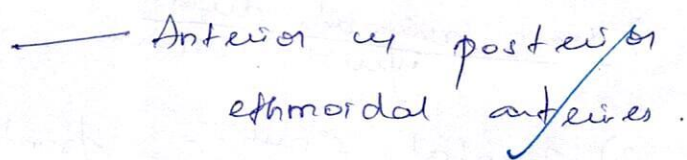


* Blood supply :-

1) External Carotid artery



2) Internal carotid artery



2) Blood supply of Tonsil :-

→

DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

* Arterial supply :-

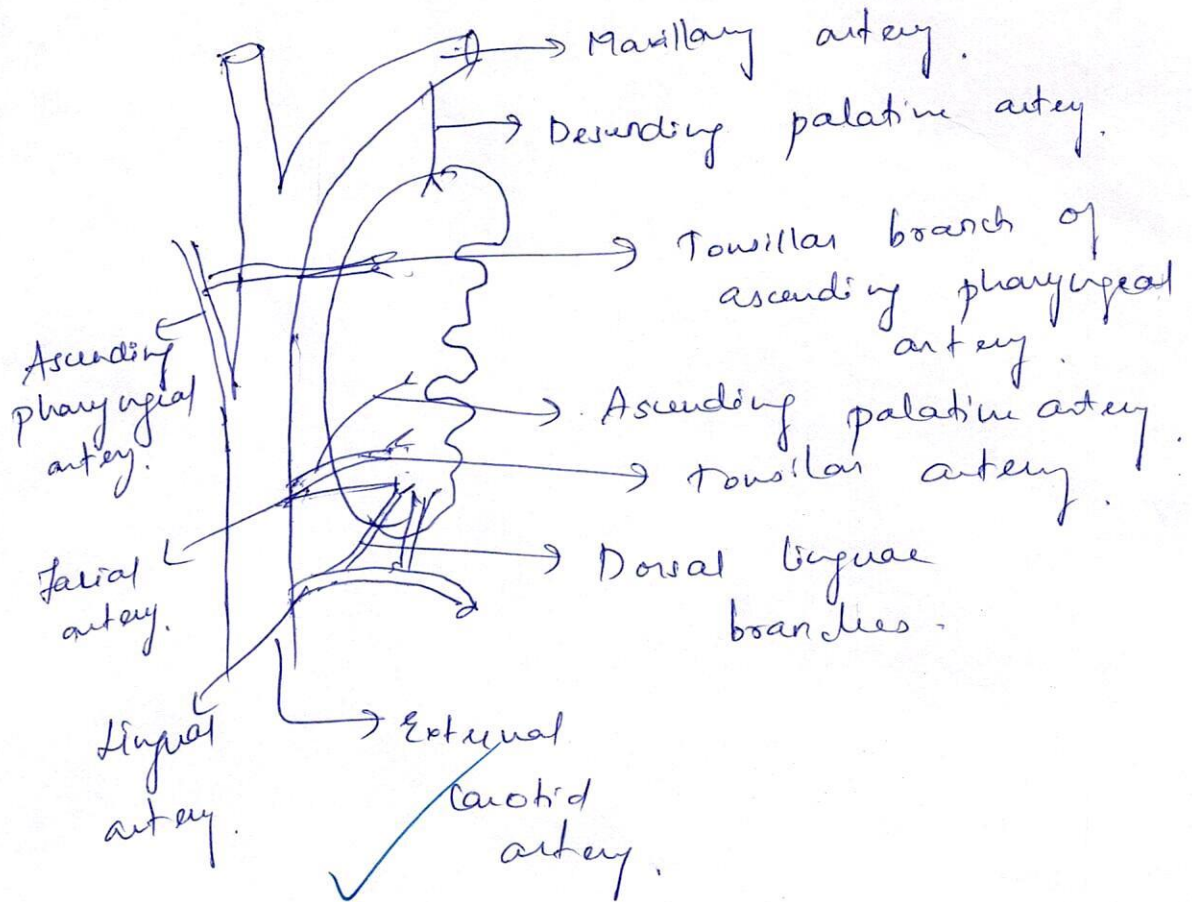
- i) Tonsillar branch of facial artery. ✓
- ii) Twigs from dorsal lingual artery.

iv) Trigs from ascending pharyngeal artery.

i) Trigs from ascending palatine artery.

* Venous drainage

→ Paratonsillar vein to pharyngeal plexus.



26/10/20

General Surgery - Test

INDUMATHY S
Regno: 521621566

① CA - esophagus:

Esophageal cancer is of 2 types

- Squamous cell carcinoma.
- Adenocarcinoma.

16/20

Squamous cell ca:

most common overall & is located in middle one third

Risk factors: smoking, alcohol, preservation rich food, tylosis, achalasia cardia, vit E & selenium deficiency, plummer vinson syndrome.

Adenocarcinoma:

Located in lower one-third

Risk factors: smoking, alcohol, GERD, CREST syndrome, Barrett's esophagus, obesity.

Clinical Features:

① Dysphagia: Earliest & m/c symptom
Progressive
solids > liquid

② weight loss


DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

Investigation of choice to confirm the diagnosis - endoscopic biopsy.

10c for staging - PET CT.

10c for T & N staging - Endoscopic ultrasound.

Barium swallow:

- Rat tail appearance or apple core deformity
- Shouldering effect.
- Irregular strictures.

TNM staging:

- Tis - High grade dysplasia
- T₁ - Invasion into lamina propria, submucosa.
- T₂ - Invasion into muscularis propria
- T₃ - Invasion into adventitia
- T_{4a} - Invades resectable adjacent structures.
- T_{4b} - Invades unresectable adjacent structures.

- N₀ - No regional lymph node metastasis
- N₁ - 1-2 positive regional lymph node.
- N₂ - 3-6 positive regional lymph node.
- N₃ - 7 or more positive regional lymph node.

M

DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

M₀ - No distant metastasis

M₁ - Distant metastasis.

Surgical management:

Esophagectomy.

Proximal margin resection - 10cm.

Distal margin resection - 5cm.

wide margins are required to resect skip metastasis in lymphatics running longitudinally along submucosal layer.

* Transhiatal /
Ming's
esophagectomy

Lower 1/3rd

mid 1/3rd

2 incision

Neck - site of anastomosis

* Ivor Lewis
esophagectomy

mid 1/3rd

Lower 1/3rd.

2 incision

site of anastomosis - thorax

* McKeown /
Three field
esophagectomy

upper 1/3rd
mid 1/3rd.

3 incisions

site of anastomosis - neck

* chemotherapy :

- 5 fluorouracil (5-Fu)
- cisplatin
- taxanes (paclitaxel).

chemo & RT have been proved to improve the survival rate.

✓

✓



DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.


TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

② CA stomach:

Risk factors of gastric cancer:

- smoking
- alcohol consumption
- consumption of smoked food / fish
- menetrier's disease.
- Gastric resections & reconstruction
- Gastritis
- polyps

Classification of gastric cancer:

- Lauren's classification → pathological classification
- Japanese classification
- Borrmann's classification
- molecular classification

Clinical presentation of gastric cancer:

- Lump
- Gastric outlet obstruction
- Anemia, Anorexia
- Maledyspepsia

Atypical presentation of gastric & GI cancer:

- ① Sister Mary Joseph's nodule.
- ② Krukenberg Tumor
- ③ Irish nodule - left axillary lymph node in gastric cancer
- ④ Blumer shelf.
- ⑤ Left supraclavicular lymph node.
↳ Virchow's node | Troisier sign.
- ⑥ Migratory thrombophlebitis.
- ⑦ Lesser Trelat sign.
- ⑧ Triple palms.

Investigations for gastric carcinoma:

confirmation of diagnosis - Endoscopic biopsy

IOC for overall staging: PET-CT - Done T18-PDG

IOC for T & N stage of cancer → Endoscopic USG

TNM classification:

T_x - 1° Tumour cannot be assessed.

T₀ - No evidence of 1° tumor

T_{is} - carcinoma in situ

~~T_{1a}~~ - Tumour invades lamina propria, muscularis mucosae

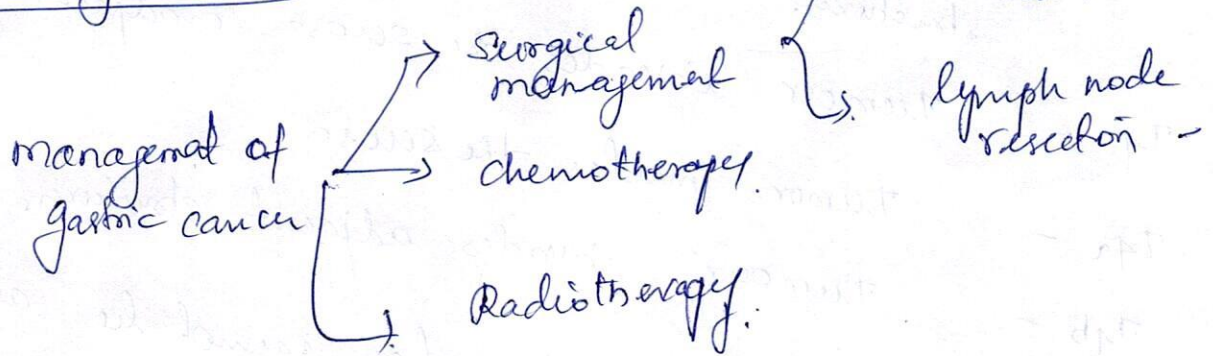
T_{1b} - Tumour invades the submucosa

- T_2 - Tumor invades muscularis propria.
 T_3 - Tumor penetrates subserosal connective tissue without invasion of the visceral peritoneum or adjacent structures.
 T_4 - Tumor invades the serosa or adjacent structure.
 T_{4a} - Tumor invades the serosa.
 T_{4b} - Tumor invades adjacent structures.
 N_x - Regional lymph nodes cannot be assessed.
 N_0 - No regional lymph node metastasis.
 N_1 - Metastasis in 1-2 regional lymph nodes.
 N_2 - Metastasis in 3-6 regional lymph nodes.
 N_3 - Metastasis in 7 or more regional lymph nodes.
 N_{3a} - Metastasis in 7-15 regional lymph nodes.
 N_{3b} - Metastasis in 16 or more regional lymph nodes.
 M_0 - No distant metastasis.
 M_1 - Distant metastasis or peritoneal cytology.

Tumour

most common site for distant metastasis $\rightarrow$ Liver.

management:



Surgery of 1° tumor:

Proximal margin $\rightarrow$ 5cm.

Distal margin $\rightarrow$ pylorus, irrespective of site of cancer.

Distal gastrectomy $\rightarrow$ Tumor at pylorus or antrum.

Subtotal / partial gastrectomy:

Tumor in the body of stomach.

$\rightarrow$ Proximal margin $\rightarrow$ 5cm proximal to tumor.

Distal margin $\rightarrow$ pylorus.

60-75% stomach is removed.

Total Gastrectomy:

Tumor at the fundus or severe type II.

$\rightarrow$ Entire stomach removed till pylorus.

$\rightarrow$ Reconstruction by esophago-jejunal anastomosis.

23/8/21

General medicine - Test.

MANIMOZHI.]

REGNO: 521721578

① AML:

25/30

common progenitor cells.

B lymphocytes

lymphocytes
mature in thymus

NK cells.

most common leukemia in adults → AML.

~~AML~~ AML is a neoplastic disease characterized by

- infiltration of blood,
- bone marrow
- proliferation, clonal undifferentiated cells of the hematopoietic system.

Etiology:

* Heredity:

- aneuploidy
- Inherited disease - defective DNA repair.
- congenital neutropenia.

* Radiation

* exposure to benzene.

* anticancer drugs

DEAN
COLLEGE & HOSPITAL
CHAKOTTAIYUR POST,
603100 127.

Classification:

- M₀: AML T minimal differentiation
M₁: AML without maturation
M₂: AML with maturation ~~AM~~
M₃: Acute myelomonocytic leukemia
M₄: Acute monocytic leukemia
M₅: Acute erythroid leukemia
M₆: Acute megakaryoblastic leukemia
M₇: Acute basophilic leukemia
Acute panmyelosis T fibrosis

CF:

- * Fatigue
- * Fever
- * Night sweats
- * Loss of appetite
- * weight loss
- * Signs of ~~abnormal~~ hemostasis

Findings → splenomegaly.
Hepatomegaly.
Lymphadenopathy.
Sternal tenderness.

Diagnosis:

CBC

PT, PTT

Bone marrow aspiration

Treatment:

- * Induction chemotherapy.
- * Postremission Therapy.

DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

② Hodgkin's Disease:

Classification : Classical HD.
Nodular lymphocyte.

- Lymphocyte rich
- Lymphocyte depleted
- Nodular sclerosis
- mixed cellularity.

CF:

unexplained painless, subleay, firm
cervical lymphadenopathy.

lymph node: cervical > supra clavicular > axillary

Alcohol → Induce pain in lymph node
Nodular sclerosis → mediastinal lymphadenopathy

↓
effusion, dyspnea, SVC obstruction, pleural
pediatric & elderly → mixed cellularity

~~Type 1~~ Reed Sternberg cell is seen.

Treatment:

~~early disease~~

Adriamycin [cardiac toxicity]
Bleomycin [lung toxicity]
Vincristine [neurotoxic]
Dacarbazine

③ amyloidosis

precursor soluble protein $\longrightarrow$ extracellular
insoluble fibrillar proteinaceous deposit.

Fibrils are due to :

- β configuration of precursor protein
- proteolytic processing.
- Amyloid P component.
- Glycosaminoglycans.

AL amyloidosis:

- $\rightarrow$ amyloid proliferation
- $\rightarrow$ lambda more common.
- $\rightarrow$ cardiac cause : non ischemic cardiomyopathy
- $\rightarrow$ Renal cause $\rightarrow$ proteinuria, non diabetic nephrotic syndrome
- $\rightarrow$ Hepatomegaly.
- $\rightarrow$ rose finding ++, C1DP + a monoclonal protein
- $\rightarrow$ anti-factor Xa antibodies
- $\rightarrow$ carpal tunnel syndrome.
- $\rightarrow$ macroglossia.
- $\rightarrow$ shoulder drooping.

DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

Treatment:

- High dose IV melphalan + dexamethasone
- autologous transplant

④

Antiplatelet Drugs:

MBA

Aspirin - COX inhibitor.

Dipyridamole - Phosphodiesterase inhibitor.

Treprostinil - Analogue of prostacyclin.

Clopidogrel

Prasugrel

Ticagrelor

Ticlopidine

} ADP antagonist.

Abciximab

Eptifibatide

Tirofiban

} GP IIb/IIIa inhibitor

⑤ Hypoproliferative anemia:

→ Reticulocyte index ≥ 2.5 .

* Hemolysis : Immune destruction

Genetic conditions of hemoglobin
red cell enzymopathy or membranopathy

Thrombotic microangiopathy.

Drugs, toxins, trauma, mechanical
heart valves

* Acute blood loss

⑥ Essential Thrombocythemia:

* Sustained increase in platelet count $> 4.5 \times 10^9 / \text{L}$

* Exclusion of WHO diagnostic criteria for CML.

* ~~Immune~~ megakaryocytic hyperplasia / proliferation on bone marrow biopsy.

megakaryocytes → sluggish appearance on bone marrow biopsy.

* Presence of JAK2 V617F, MPL or CALR gene mutation

Clinical features:

- * Increased platelets can clog small arteries of hand & feet causing throbbing pain
- * Parasthesias
- * Transient ischemic attack.



DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

31/40

① Pneumonia.

- Pediatric pneumonia is responsible for the death of > 800,000 young children world wide
- Newborns with pneumonia commonly present with poor feeding and irritability, as well as tachypnea, retractions, grunting and hypoxemia.
- Infections with group B streptococcus, listeria monocytogenes (or) gram-negative rods (eg. Escherichia coli / klebsiella pneumoniae) are common causes of bacterial pneumonia.
- Group B streptococci infections are most often transmitted to the fetus in utero. the most commonly isolated virus is respiratory syncytial virus (RSV)

Pathophysiology

- An inhaled infectious organism must bypass the host's normal non-immune defense mechanisms in order to cause pneumonia.
- Respiratory tract host defenses
 - To prevent and minimise injury and invasion by microorganism and foreign substances, various defense mechanisms have evolved, both systemically and within the respiratory tract.
 - Some mechanisms are non specific are directed against only microbes or substances with specific antigens.

- Non specific defenses include the glottis and vocal cords, ciliary escalator, airway secretions, migratory and fixed phagocytes, non specific antimicrobial proteins and opsonins.
- mucoid airway secretion provides a physical barrier that minimizes epithelial adhesion and subsequent invasion by microorganisms.
- These secretions contain complement components, fibronectin and other proteins that binds to microbes and renders them more susceptible to ingestion by phagocytes.
- Alveolar and distal airway secretions also include whole surfactant, while facilitates opsonisation and phagocytosis of pathogen, as well as surfactant-associated proteins A (Sp-A) and D (Sp-D).
- Both of these latter proteins can modulate phagocytosis, phagocyte production of oxygen radicals and cytokine elaboration.

Systemic host defenses

DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTA POST,
Chennai-600 127.

Immunologic defense mechanism targeted against particular pathogen typically emanate from specifically primed lymphocytes following the presentation of processed antigen by macrophage.

- These mechanism include cytotoxic/killer/suppressor and memory functions.

Systemic and Secretory antibodies and Consequent Cascade of Cytokines

- Secretory antibodies and mucosal lymphoid tissues are absent or minimally functional for the first month of Postnatal life.
- The neonatal granulocyte number frequently decreases in response to early infection. On the other hand the phagocytes that are present often move much more sluggishly to the inflammatory focus where
- Viral infections are characterized by the accumulation of mononuclear cells in the Submucosa and Perivascular Space, resulting in Partial obstruction of the airway
- Patients with these infections present with coughing and crackles.
- In bacterial infections, the alveoli fill with Proteinaceous fluid, which triggers a brisk influx of RBC and Polymorphonuclear (PMN) cells followed by the deposition of fibrin and the degradation of inflammatory cells (gray hepatization)
- During resolution, intra alveolar debris is ingested and removed by alveolar macrophages

Workup Management of CAP

• CURB 65

- Uses 5 variables to assess overall death risk in CAP patient

a) Confusion

b) urea > 7mmol (> 42mg/dl)

c) Respiratory rate > 30/min

d) Blood pressure: Systolic < 90 mmHg
Diastolic ≤ 60 mmHg.

e) Age ≥ 65 years

Treatment of Community acquired pneumonia

Outpatient therapy regimens

- ① Amoxicillin 1gm TDS + Azithromycin 500mg OD.
- ② Amoxyclo 625mg + Doxycycline 100mg BD
- ③ Betalactam (Ampicillin + Sulbactam 1.5 - 3g q6th hrly) + macrolide (Azithromycin 500mg / Levofloxacin 750mg/day)

Severe Manifestation

DEAN

① Betalactam + Macrolide

② Betalactam + Levofloxacin

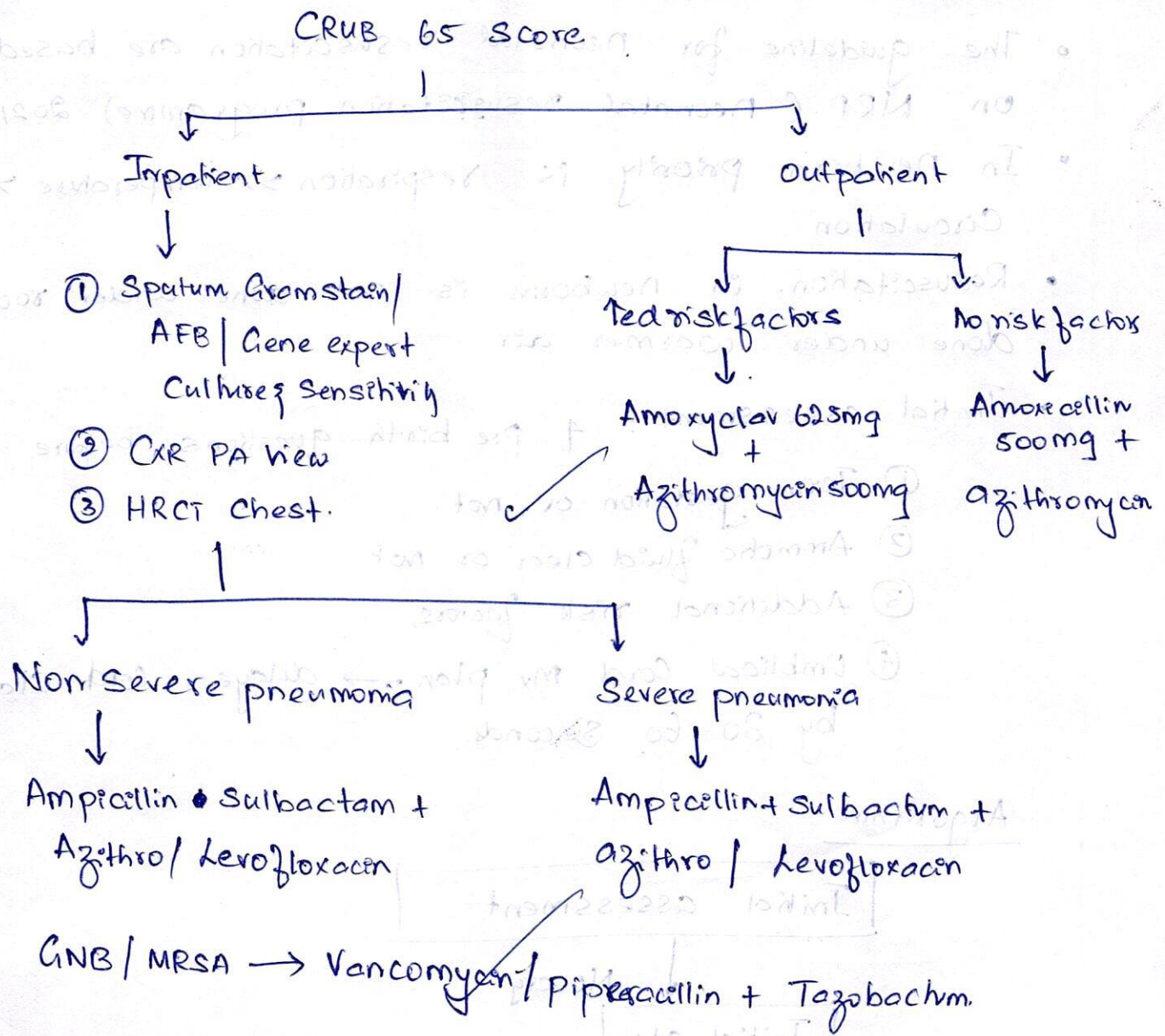
③ MRSA / Gram negative bacilli (GNB - Pseudomonas)

① Vancomycin

② Piperacillin + Tazobactam

TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, CHENNAI-600 127.
Chennai-600 127.

treatment approach to CAP





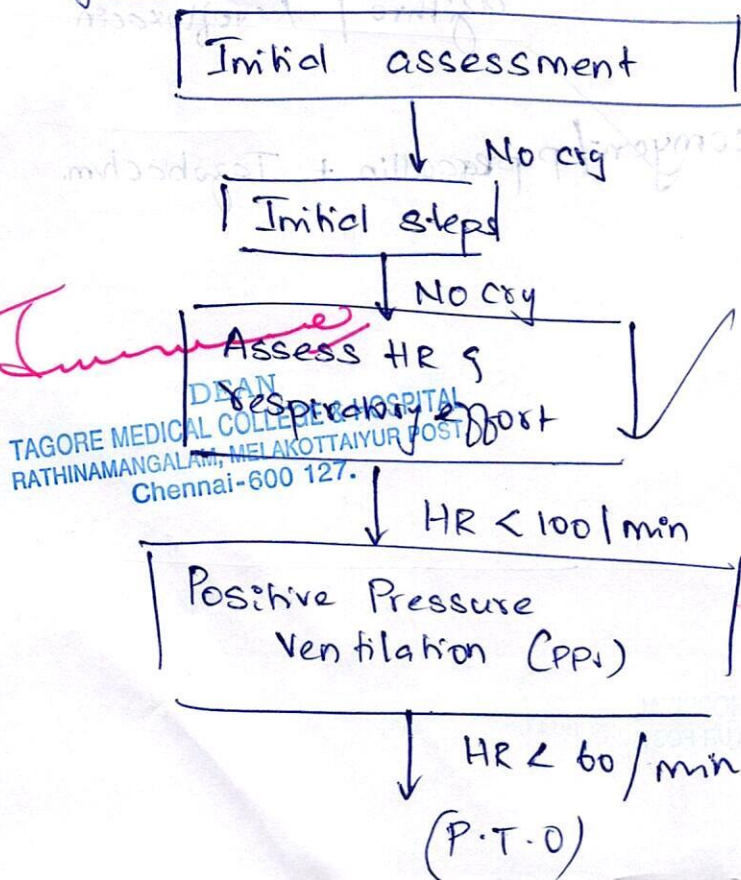
DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

Short notes

① Neonatal resuscitation :-

- The guideline for neonatal resuscitation are based on NRP (neonatal resuscitation programme) 2021
- In newborn priority is respiration $\rightarrow$ temperature $\rightarrow$ Circulation
- Resuscitation in newborns is not done under room air, done under warmer air
- Initial assessment: 4 pre birth questions before delivery
 - ① Term gestation or not.
 - ② Amniotic fluid clear or not
 - ③ Additional risk factors.
 - ④ Umbilical Cord $\rightarrow$ plan $\rightarrow$ delayed cord clamping by 30-60 seconds.

Algorithm



Chest Compression
(with Ventilation)

↓ HR < 60/min

Adrenaline injection

↓

Volume expansion

Chest Compressions

- a 2 thumb technique
- Site: Lower 1/3rd of Sternum
- Avoid Xiphisternum (easily injured).
- 1/3rd of the antero posterior (AP) diameter.
- Chest Compression + Ventilation

(Ratio = 3:1 → 90 Compression + 30 Ventilation in 1min)

- Ventilation is given alternate airway (ET)
- Monitor HR with Cardiac Monitor

② Posterior Urethral Valve

- Posterior urethral Valve (PUV) disorder is an Obstructive developmental anomaly in urethra and genitourinary system of male newborn

• A Posterior Urethral Valve is an obstructive ~~membrane~~ in posterior male urethra as a result of abnormal in utero development.

- It is the most common cause of BOO in male new born
- The disorder varies in degree & mild case presenting due to milder symptoms.
- more severe cases can have renal & respiratory failure from lung under development as a result of low amniotic fluid volumes

Presentation

- Par can be diagnosed before birth or even at birth when usa shows that a male baby has HUN.
- Some might also have oligohydramnios due to urinary obstruction
- the later presentation can be UTI / or Voiding pain

②

Febrile Convulsion

Definition

Condition & fever and seizure in age group 6 months - 6 years

- ~~Fever~~ ~~Temp~~ ~~without~~ ~~evidence~~ ~~of~~ ~~CNS~~ ~~infection~~ / electrolyte or metabolic abnormality
- No H/o preceding trauma or afebrile seizures

types of febrile seizures

<u>Simple seizures</u>		<u>Complex FS</u>	
①	GTCS		Focal
②	lasting < 15 min		lasts > 15 min
③	does not recur within 24 hrs		recurs within 24 hrs

Investigations:

- In Simple febrile seizure investigation is not needed.
- ~~CBC~~ CBC → Complex FS or FSE
- Blood Sugar or Calcium estimation → CFS or FSE
- Serum electrolyte → FSE
- Urine analysis only if < 18 month without focus of infection ~~CAR~~
- MRI
- EEG
- Lumbar puncture →

Treatment

- Control fever → antipyretics / para — 10-15 mg/kg/dose q 6th hrly
- tepid sponging
- Control seizures → IV benzodiazepine → Inj. Lorazepam / Inj. midazolam (0.1 mg/kg)

④ Bone Marrow aspiration

- Bone marrow examination refers to pathologic analysis of ~~bone~~ samples of bone obtained by bone marrow biopsy and bone marrow aspiration, used for diagnosis of leukemia / multiple myeloma / anaemia and ~~and~~ pancytopenia

• Types of Bone marrow needles

- ① Sternal needle → Klima
- ② Salath bone marrow aspiration needle
- ③ Modern Jamshidi needle

Technique of Bone marrow aspiration

- The best site for Bone marrow aspiration is Posterior Superior iliac spine
- The biopsy is usually performed with Jamshidi (Siz 8-11) needle
- Administer local anaesthesia at site of biopsy. When desired depth is reached the stylet is withdrawn and needle is advanced with same rotating movement
- The depth of the needle is measured with the stylet
- A Specimen measuring approx 2cm in length should be collected
- When the correct depth has been ascertained ~~the needle is~~ rotated in opposite direction to help loosen the specimen
- the needle & the specimen is withdrawn using a rotational movement

DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

⑤ Scorpion Sting

- ~~Asce~~ Indian Red scorpion and black scorpion are more common
- Venom
 - nature of venom is similar to cobra but fatality is less (as amount ingested is less)
- It is both neuro and haemotoxic
- It stimulates the sodium channels and inhibits K^+ channels $\rightarrow$ Produces automatic storms

Clinical features

- ① Severe local pain

treatment

- local lignocaine / Ice packs / NSAIDs /
- ② local pain & no other symptoms $\rightarrow$ dry bite
- ③ cholinergic ~~crisis~~ crisis (early) $\rightarrow$ Salivation / Sweating / Ptosis / Bradycardia / hypotension
- ④ Adrenergic crisis $\rightarrow$ tachycardia / hypertension / myocardial dysfunction /
(later) Cold extremities / Cardiac failure / Shock & Pulmonary edema leading to Multi organ failure
- ⑤ CNS manifestations

1) Mammary gland

Situation

- lies in superficial fascia of pectoral region

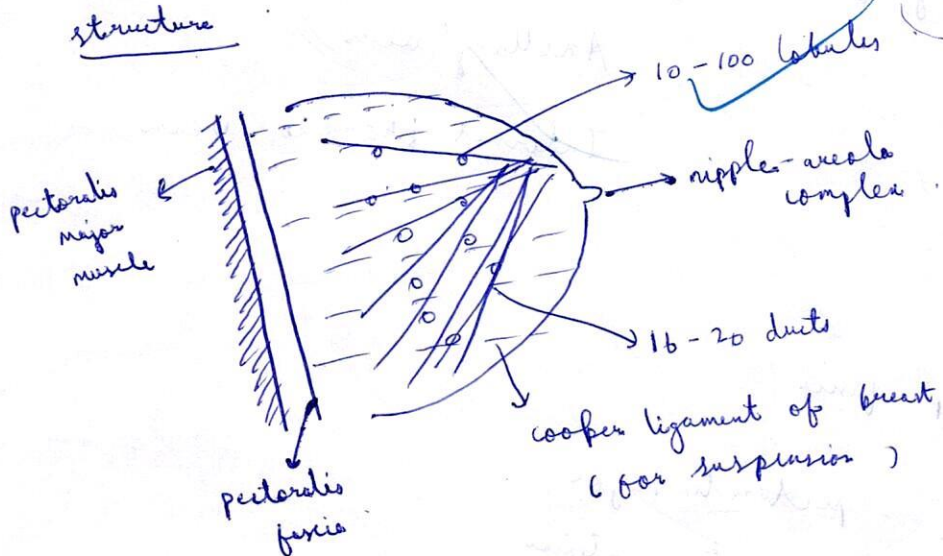
Extent

Vertically - from 2nd - 6th ribs

Horizontally - Lat. border of sternum to axillary line

- lies on deep fascia & separated from fascia by submammary space
→ superolateral part called axillary tail of spine

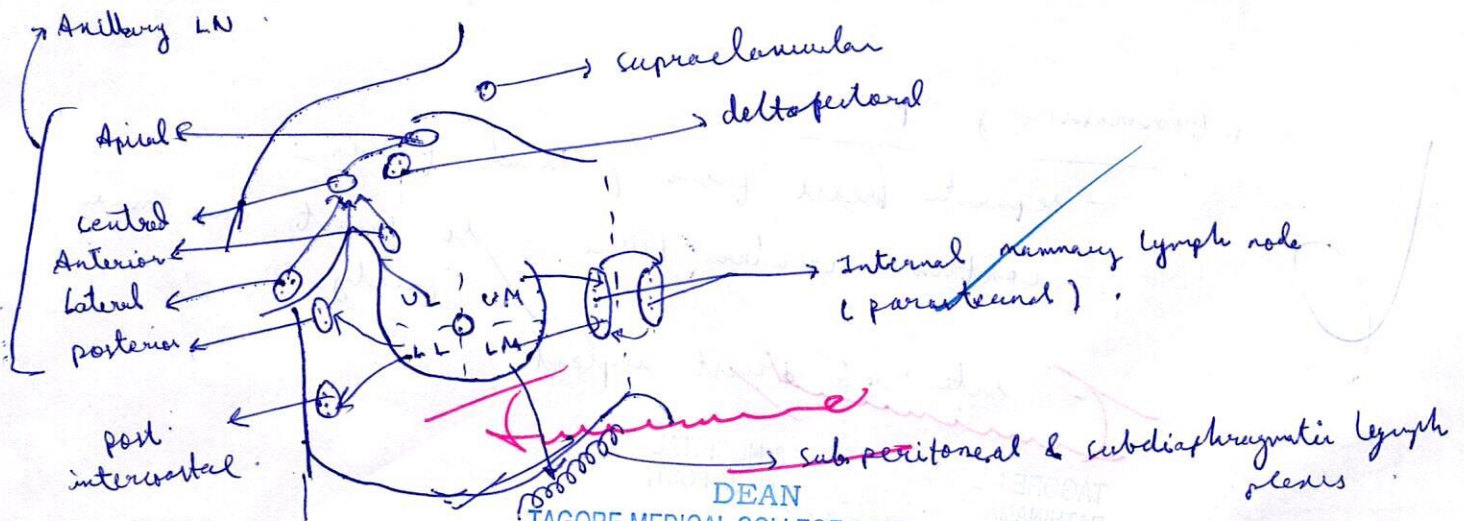
Structure



piece the deep fascia & extend in the axilla



Lymphatic drainage



Blood supply

Arterial supply

- Axillary artery via several branches

superior thoracic

thoracoacromial

lat. thoracic

subscapular

- Internal thoracic artery via medial mammary arteries

- perforating branches of 2nd, 3rd & 4th intercostal arteries

Venous drainage

perforating branches of 2nd, 3rd & 4th intercostal veins

Axillary vein

Internal thoracic vein

Deep Relations

- lies on deep fascia

- 3 muscles - pectoralis major
- serratus anterior
- External oblique

- Retromammary space

- separates breast from pectoral fascia

- contain areolar tissue - so breast can move freely

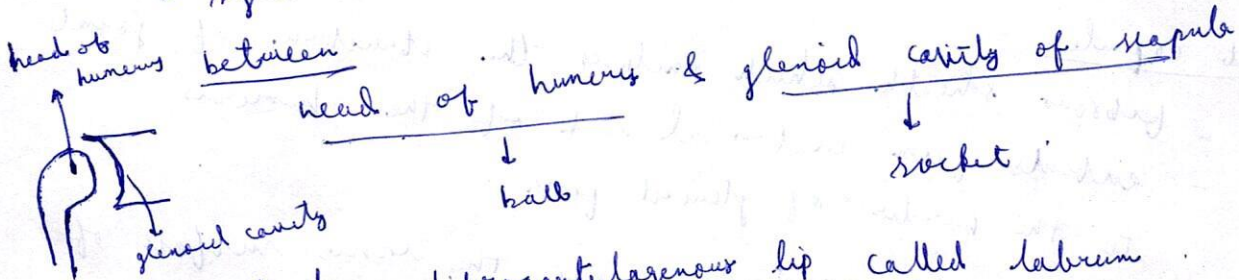
- site of breast implant

DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

2) Shoulder joint

Type & articular surface

- glenohumeral joint.
- synovial ball & socket articulation



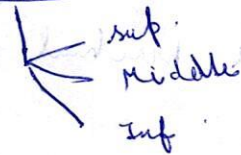
- A dense fibrocartilagenous lip called labrum glenoidale is attached to the rim of glenoid cavity & makes it wider & deeper.

Capsule & ligaments

a) capsular ligament (1st capsule)

b) glenohumeral ligament

3 thickenings in ant. part of fibrous capsule.



↓
to strengthen the capsule.

c) coracohumeral ligament

- strong band of fibrous tissue
- base of coracoid process to ant. part of greater tubercle of humerus.

d) Transverse humeral ligament

- broad fibrous band.
- spans bicipital groove b/w greater & lesser tubercle changing groove into canal.

↓
provides passage to tendon of long head of biceps

surrounded by synovial sheath

Accessory

DR. DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

coracoclavicular ligament
extends b/w coracoid & acromion process

coracoacromial arch
formed by coracoid process, acromion process & coracoacromial ligament.

joint capsule

- fibrous sheath which encloses the structures of joint
- extends from anatomical neck of the humerus to the border of glenoid fossa.
- The synovial membrane lines the inner surface of its capsule, & produces synovial fluid.

to function
b/w articular surfaces

Relations

Ant. - subscapularis muscle.

- Deltoid

- The axillary vessel & brachial plexus.

post.

- infraspinatus.

- Teres minor muscle.

sup.

- supraspinatus muscle.

- subacromial bursa.

- coracoacromial ligament.

- Deltoid muscle.

Inf.

- long head of triceps muscle.

- axillary nerve.

- post. circumflex humeral vessels.

Tendon of long head of biceps muscle passes through the joint & emerges beneath the transverse ligament.

Movements of shoulder joint

Flexion

pectoralis major (clavicular head)
Anterior fibers of deltoid
coracobrachialis
biceps

Extension

pectoralis major (sternocostal head)
post. fibers of deltoid
Teres major
Latissimus dorsi

Abduction

supraspinatus (upto 15°)
Deltoid middle fibers (up to 90°)
Trapezius & serratus anterior (above head)

Adduction

pectoralis major
Teres major
Latissimus dorsi
coracobrachialis
supraspinatus

Medial rotation

Pectoralis major
Teres major
Latissimus dorsi
Anterior fibers of deltoid
subscapularis

Lateral rotation

Infraspinatus
Teres minor

post. fibers of deltoid

circumduction

combination of flexion, abduction,
extension, adduction

3)

great saphenous vein

origin, course, termination

formed by union of dorsal venous arch with
medial margin vein

↓
passes upward in front of medial malleolus

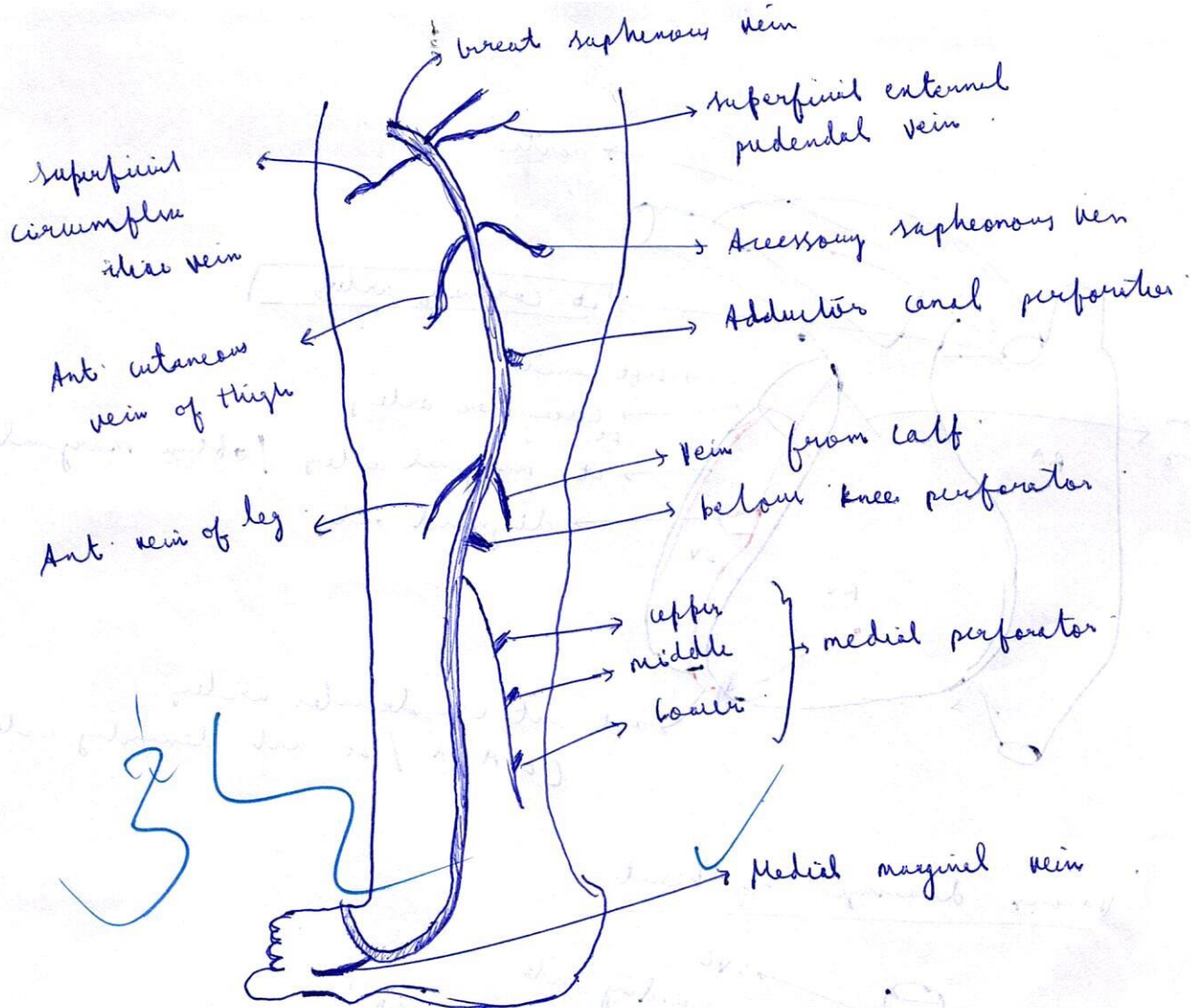
↓
crosses the lower $\frac{1}{3}$ rd of medial surface
of tibia obliquely

↓
Runs along medial border of tibia to reach
the back of knee

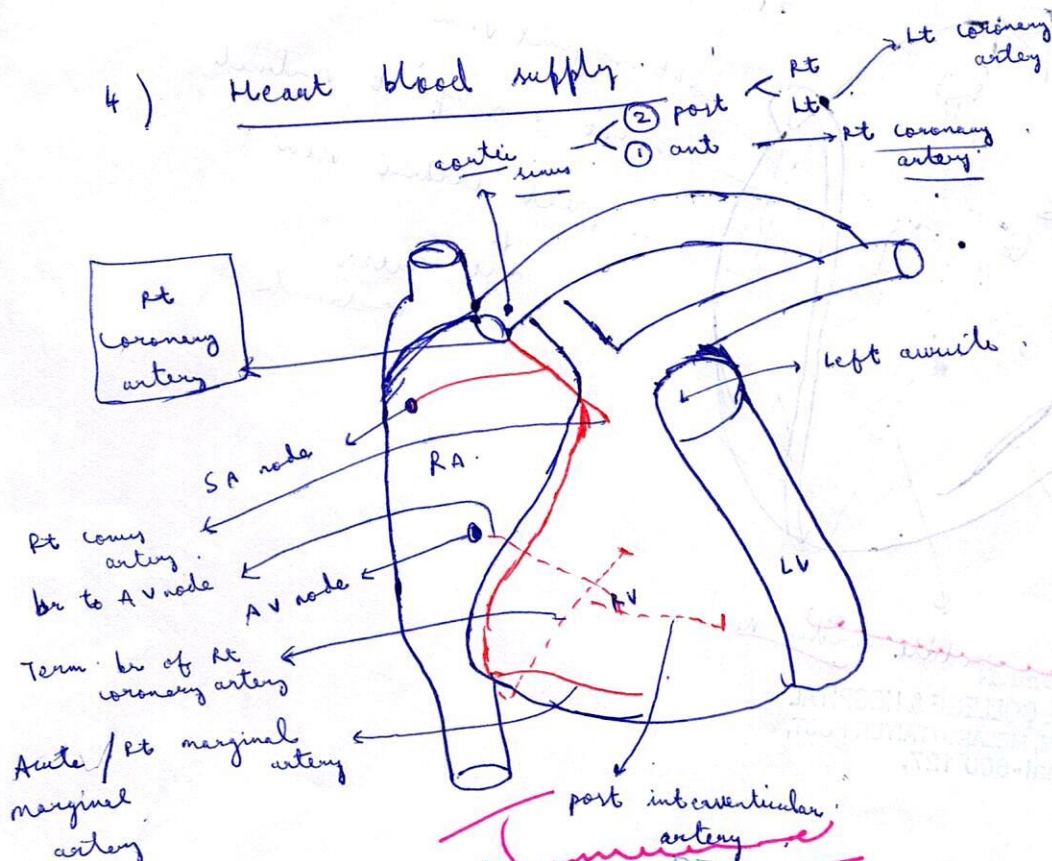
↓
In the thigh, inclines forward to reach the
saphenous opening

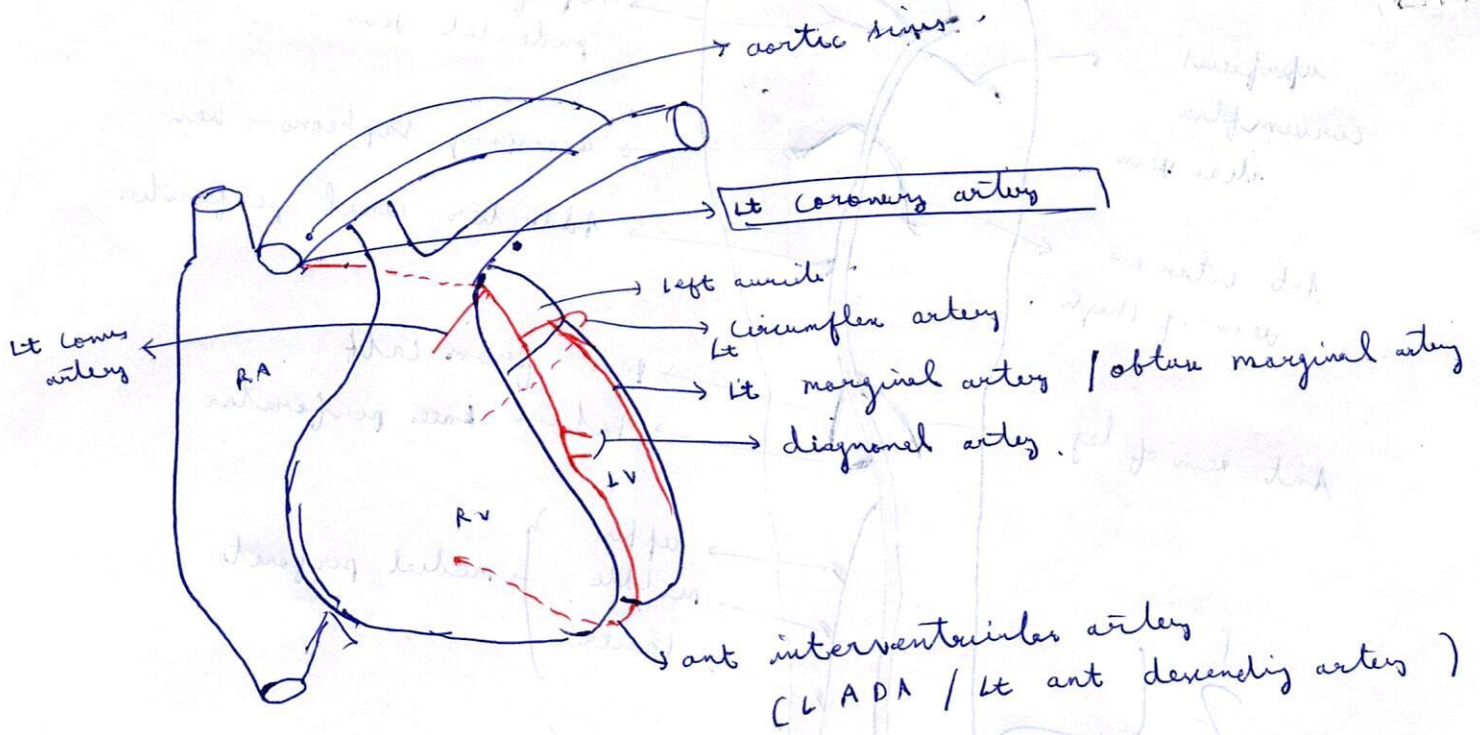
↓
pierces the cribriform fascia & opens into
the femoral vein

DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

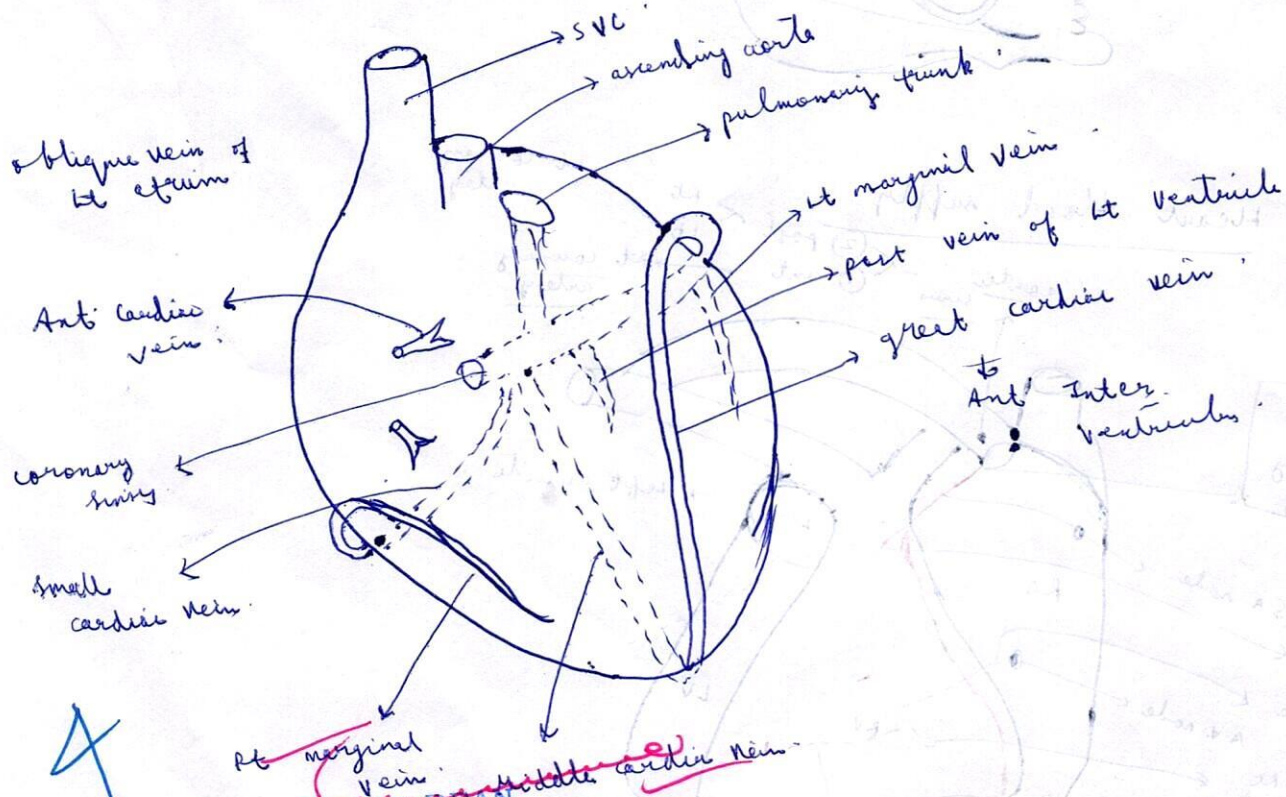


4) Heart blood supply





Venous drainage of heart



DEAN
 TAGORE MEDICAL COLLEGE & HOSPITAL
 RATHINAMANGALAM, MELAKOTTAIYUR POST,
 Chennai-600 127.

11/7/21

Physiology Test.

Arjun Rajith .B
Roll. no. 13

1. Erythropoiesis :-

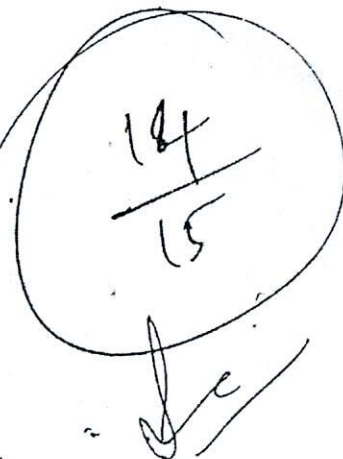
⇒ Erythropoiesis is the process of origin, development or maturation of erythrocytes.

Site :-

- Fetal life - yolk sac.
- Adult life - bone marrow.

* Stages :-

- Proerythroblast.
- Early normoblast.
- Intermediate normoblast.
- Late normoblast.
- Reticulocyte.
- Matured erythrocyte.



Factors regulating erythropoiesis

General factors :-

- i) Hypoxia → erythropoietin.
- ii) Growth inducers.
- iii) Vitamins.

Maturation factors :-

- i) Vitamin B₁₂
- ii) Folic acid.

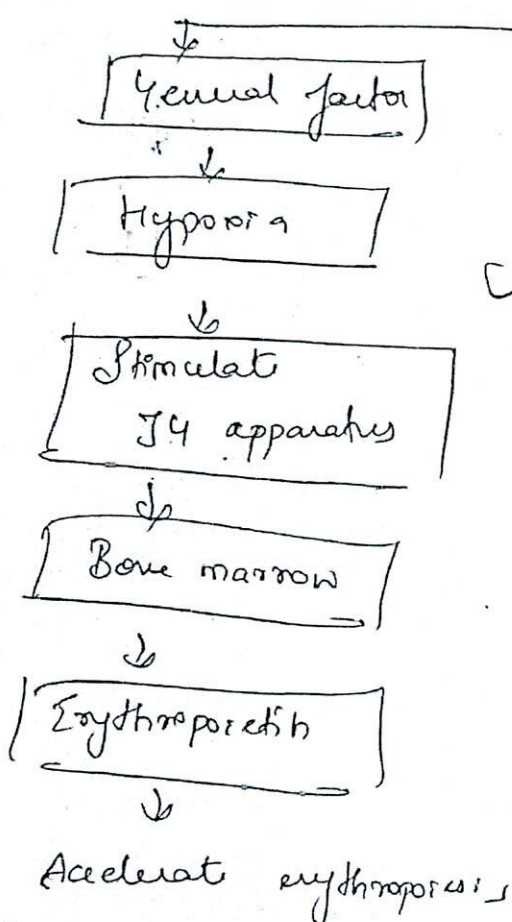
Factors necessary for hemoglobin production :-

- i) Vitamin C → helps in absorption of iron.
- ii) Proteins → ~~amino acids~~ for globin synthesis.

iii) Iron & Copper $\rightarrow$ heme synthesis

iv) Calcium, bile salts, cobalt & nickel

Regulation of erythropoiesis



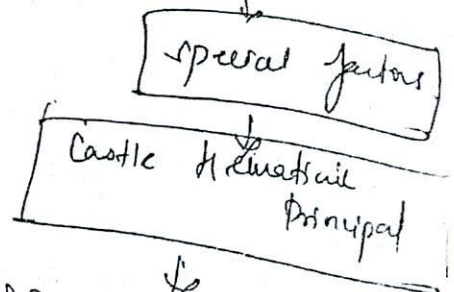
1) Thyroxine

2) Hematopoietin

Growth factor.

3) Colony promoting factor

4) Vitamin.



a) Intrinsic factor - secreted in gastric juice.
 $\rightarrow$ It helps in absorption of vit. B₁₂

b) Extrinsic factor
 $\rightarrow$ vit. B₁₂ taken in diet for development of RBC.

Dietary factors

$\rightarrow$ All factors which are required for synthesis.

Functions of erythropoietin

- $\rightarrow$ $\uparrow$ RBC production by
- $\rightarrow$ promoting normoblast production
- $\rightarrow$ shorter transition time through normoblast

DR. ANJAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai - 600 127

production

time through normoblast

Q. 29. $\rightarrow$ Promotes early release of reticulocytes.
Resting Membrane Potential (RMP) :-

$\rightarrow$ the electrical potential difference between the inside of the cell & the surrounding extracellular fluid is called RMP.

• Factors determining RMP

$\Rightarrow$ Pump potential

$\rightarrow$ 3 Na^+ are pumped out & 2 K^+ are pumped in against the concentration gradient.
 $\rightarrow$ Requires energy.

$\Rightarrow$ Donnan Potential

$\rightarrow$ Large impermeable negatively charged intracellular molecules (proteins) attracting positively charged ions (Na^+ & K^+) & repelling negative ions (eg: Cl^-)

* Origin of normal RMP

$\rightarrow$ Contribution of potassium diffusion potential

$\rightarrow$ Contribution of sodium diffusion through the nerve membrane.

$\rightarrow$ Contribution of sodium potassium pump.


DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

Biochemistry assignment test

Diabetes

Classification

a) Type I IDDM

- characterised by a severe insulin deficiency.
- Patient requires insulin to live.
- the onset of the diabetes is in youth (age before 20)
- this type of diabetes is not related to obesity.

b) Type II NIDDM

- Constitute 90% or more of all diabetic pt.
- Insulin levels are normal or high but may diminish over years of having diabetes.
- Insulin resistance plays a major role in pathogenesis.
- It is often diagnosed above age of 30.

Pathogenesis of type I diabetes.

- It is an autoimmune disease, the immune system mediates the destruction of β cells in the pancreas
- It develops in genetically susceptible individuals who are exposed to environmental factors which the autoimmune response and β cell destruction ensues.
- Overt IDDM does not appear until above 90% of the β cells in the pancreas are destroyed.

Pathogenesis of type II diabetes.

a) Risk factors

- Obesity
- Genetics

- Age (Insulin Production decreases $\propto$ age)
Insulin resistance increases $\propto$ age)

Obesity:

- Obesity is associated with increased level of free fatty acid, which makes the muscle more insulin resistant and reduces glucose uptake by muscles.

Therefore obesity exacerbates Insulin resistance

- In the liver free fatty acid increases the Production of glucose contributing to high glycemic levels.

- In normal individuals, the pancreas secretes more insulin in response to free fatty acid, therefore

- Compensation does not occur and hyperglycemia develops $\rightarrow$ β cell becomes desensitised to glucose, leading to decreased insulin secretion.

Biochemical test for diagnosis of Diabetes Mellitus

- Screening of all adults > 45 years every 3 years

The following test are on two separate dates

- a) Fasting plasma glucose $\geq 100 \text{ mg/dl}$
 If between $100 - 150 \text{ mg/dl}$ Perform a
 75 g oral glucose tolerance test or recheck
 fasting plasma glucose
- b) Random plasma glucose $\geq 200 \text{ mg/dl}$ in patient
 with symptoms of Diabetes
- c) Two-hours postprandial plasma glucose level $\geq 200 \text{ mg/dl}$
- d) Hemoglobin A_{1c} (%) - $5.7 - 6.4 \%$ (Good glycaemic control)
 $6.5 - 7.5 \%$ Moderate glycaemic control
 $7.5 - 8 \%$ Poor glycaemic control
 $> 10 \%$ Poor glycaemic control

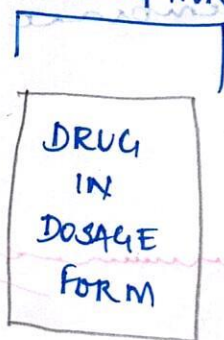
Diagnostic Criteria for Diabetes mellitus		
Plasma glucose test	Impaired glucose tolerance	Diabetes mellitus
Random plasma blood glucose		$> 200 \text{ mg/dl}$ with diabetic symptoms
Fasting blood glucose	$100 - 120 \text{ mg/dl}$	$> 120 \text{ mg/dl}$
2hrs post Prandial blood glucose	$140 - 200 \text{ mg/dl}$	$> 200 \text{ mg/dl}$
Haemoglobin A _{1c}	$5.7 - 6.4$	> 6.5

1) PHARMACOKINETICS :-

Definition :-

- Pharmacokinetics is the quantitative study of movement in, through and out of the body.
- Intensity of effect is related to concentration of the drug at the site of action, which depends on its pharmacokinetic properties.
- Pharmacokinetic properties of particular drug is important to determine the route of administration, dose, onset of action, peak action time, duration of action and frequency of dosing.

ABSORPTION



DRUG IN
SOLUTION

DISTRIBUTION - STORAGE

SITE OF ACTION

BOUND $\rightleftharpoons$ FREE

STORAGE TISSUE

FREE $\rightleftharpoons$ BOUND

FREE
DRUG

PROTEIN
BOUND

METABOLITES

BIOTRANSFORMATION

EXCRETION

→ URINE
• BILE
• FAECES
→ SWEAT
• SALIVA

DRUG TRANSPORTATION :-

Drug molecules can cross cell membrane by.

(i) Passive diffusion

(ii) Protein-mediated transport (Carrier mediated)

Facilitated transport

Active transport.

Primary, Secondary.

(i) PASSIVE TRANSPORT :-

Majority of drugs diffuses across the membrane in the direction of concentration gradient.

Proportional to lipid : water partition coefficient.

Lipid soluble drugs diffuse by dissolving in the lipoidal matrix of the membrane.

Henderson - Hasselbalch equation :-

$$pH = pK_a + \log \frac{[A^-]}{[HA]}$$

DEAN

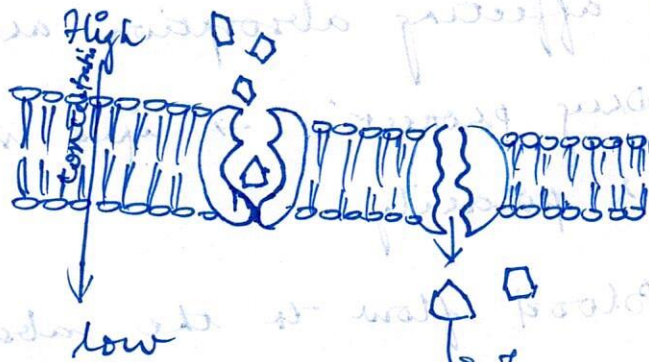
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

(ii) CARRIER MEDIATED TRANSPORT :-

Involve specific membrane transport proteins known as drug transporters or carriers - specific for the substrate.

- Drug molecules bind to the transporter, translocated across the membrane & then released on the other side of the membrane.

FACILITATED DIFFUSION:



Transmembrane protein carrier changes shape to facilitate entry and exit of some nutrients.

- Moves substrate of a single class (Uniporters) down a concentration gradient.

- No energy dependant.

- Similar to entry of glucose into muscle (GLUT-4).

ACTIVE TRANSPORT ENERGY DEPENDANT:-

- Can move nutrients against a concentration

gradient and energy dependant.

Absorption of drugs :-

• Absorption is the transfer of a drug from its site of administration to the blood stream.

• Most of the drugs are absorbed by the way of passive transport.

factors affecting absorption are :-

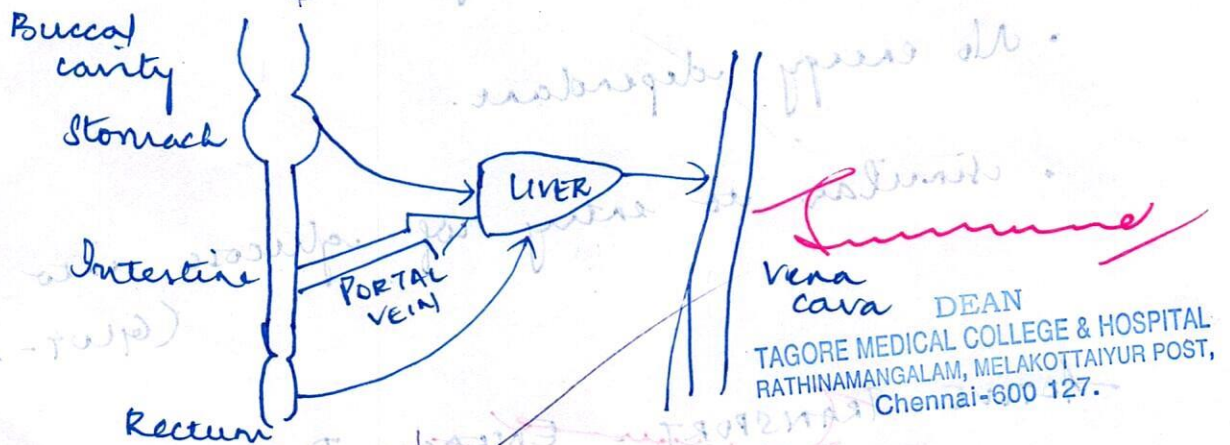
→ Drug properties → lipid solubility; molecular weight & polarity.

→ Blood flow to the absorption site

→ Total surface area available for absorption.

Routes :- Topical; Intravenous, Intramuscular, subcutaneous; Intravascular.

1st pass metabolism :-



According to the rate of absorption :-

Inhalation



Sublingual



Rectal



Intramuscular



Subcutaneous



Oral



Transdermal

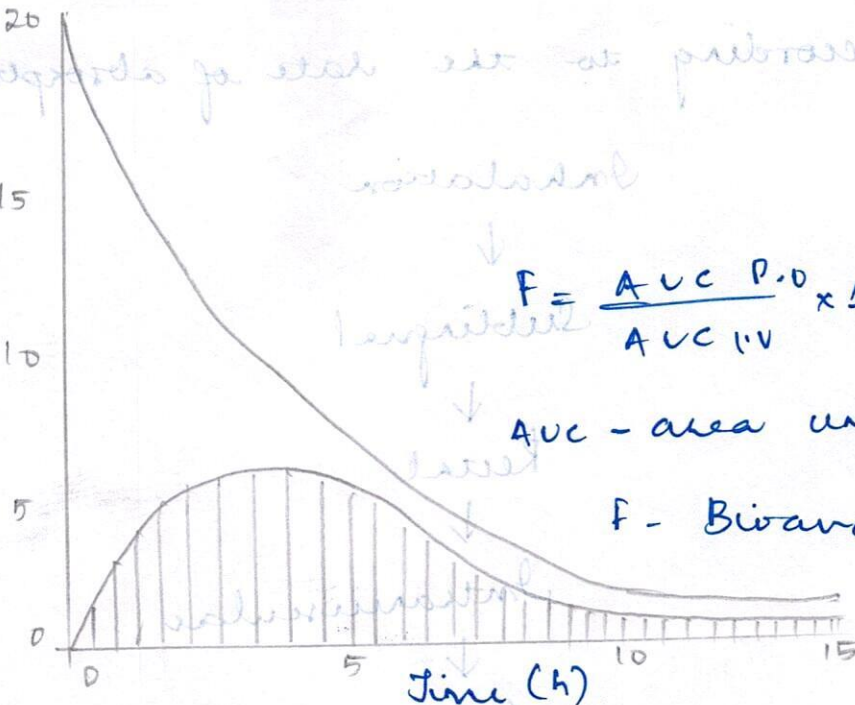
BIOAVAILABILITY:-

• bioavailability refers to the rate and extent of absorption of drug from dosage form as determined by its concentration-time curve in blood or by its excretion in urine.

• It is a measure of fraction (F) of administered dose of a drug that reaches the systemic circulation in the unchanged form.

DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

Plasma concentration (mg/ml)



$$F = \frac{AUC_{P.O.}}{AUC_{IV}} \times 100\%$$

AUC - area under the curve

F - Bioavailability.

Volume of distribution :-

$$V_d = \frac{\text{Dose administered IV}}{\text{Plasma concentration}}$$

Plasma concentration

Factors affecting V_d :-

i) lipid solubility

ii) pKa of drug

iii) Affinity for different tissues

iv) Blood flow

v) Disease states

vi) Plasma protein binding.

DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai - 600 127.

29/6/21

Deekshana Rajendran

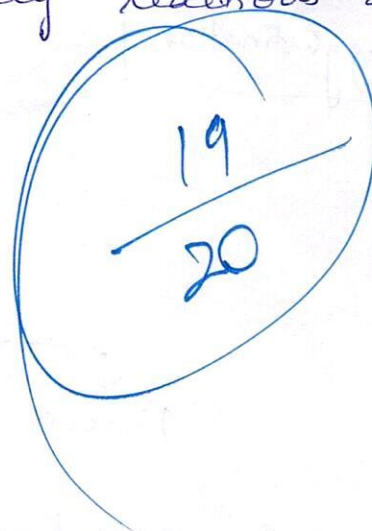
Roll: 22

MICROBIOLOGY TEST

1. Antigen Antibody Reactions :-

→ The types of antigen antibody reactions are

- Precipitation reaction
- Agglutination reaction
- Complement fixation.
- ELISA
- Immunofluorescence.



* AGGLUTINATION REACTIONS:-

→ The interaction between antibody w/ a particulate (insoluble) antigen results in visible clumping is called agglutination.

→ The various particulate antigens are

- WBCs
- RBCs
- Latex particles.

• Principle

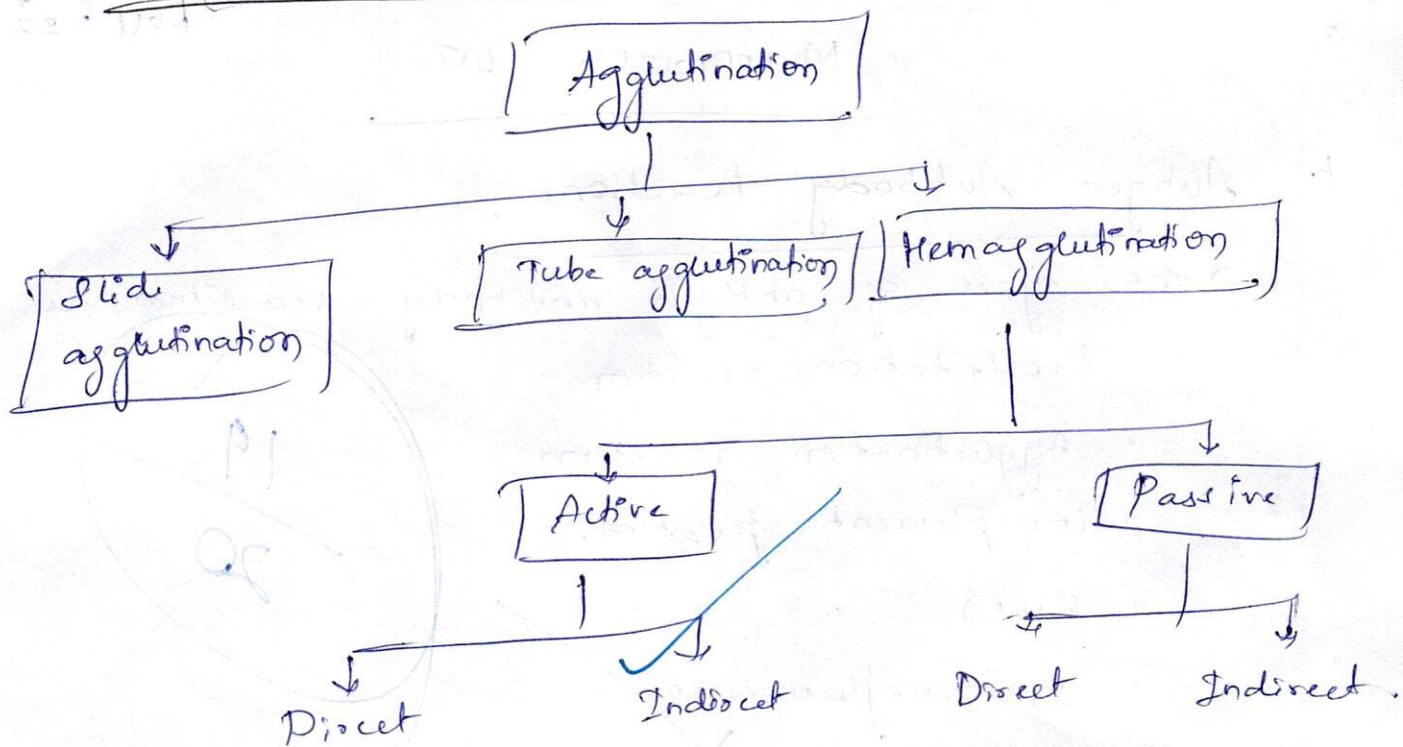
→ It is the visible aggregation of particles caused by combination w/ specific antibody.

→ ~~Antibodies~~ ^{DEAN} that produce such reactions are called agglutinins.

→ The antigen must be exposed w/ able to bind with antibody.

TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MEENKOTTAI, DISTRICT
Chennai-600 127.

• Types of agglutination reactions:-



• steps in agglutination:-

1) sensitization

↓
2) lattice formation

→ formation of cross links

~~Visible aggregates~~

DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

• Phases:

1) Primary phase

2) Secondary phase

* Applications :-

- ABO Blood grouping.
- Rh blood grouping.
- Widal test for typhoid.
- Weil Felix test for typhus.
- Coomb's test for identification of anti Rh antibodies.
- Brucella agglutination test for brucellosis.
- Leptospira agglutination for leptospira.
- Cold agglutination test for pneumonia, malaria, typanosomiasis.
- Hemagglutination inhibition test. ¶



DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
Chennai-600 127.

28/8/21

Anur Kumar. A
Roll. no; - 17

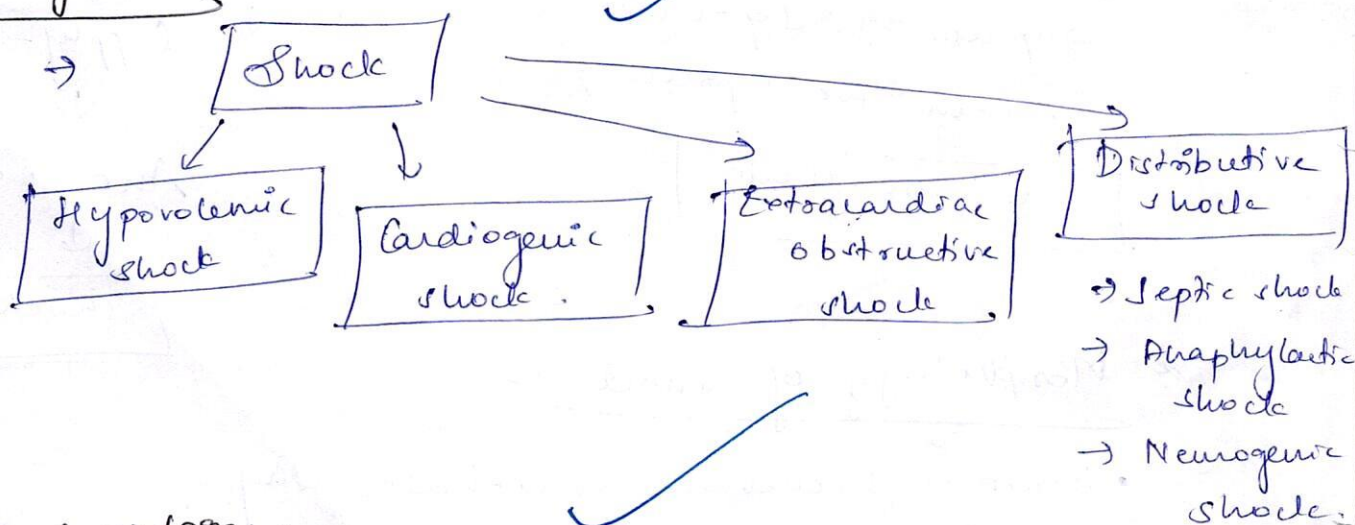
PATHOLOGY TEST

1. Define shock. Write about pathology, morphology, lab diagnosis of shock.

* Shock :-

→ shock is defined as a life threatening condition due to poor tissue perfusion with impaired cellular metabolism, manifested by serious pathophysiological abnormalities.

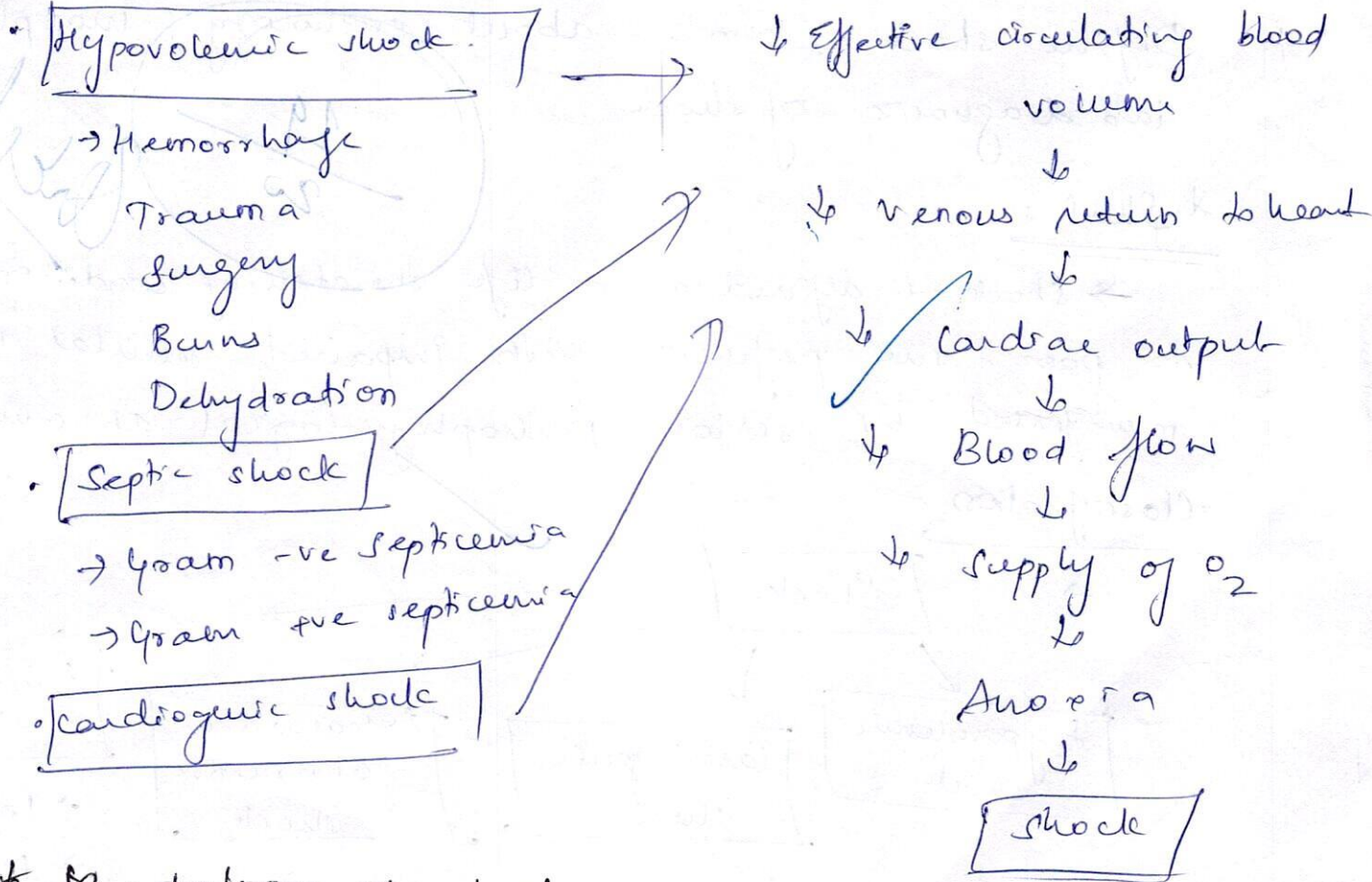
* Classification :-



* Pathophysiology :-

Dilatation of systemic vasculature
↓
Decrease systemic arterial pressure
↓
Pooling of blood in systemic venules & small veins
↓
The right heart filling up stroke
volume decreases
↓
Decreased pulmonary blood volume & filling

Discharge of angiotensin or vasopressin though they fail to restore the cardiac output to normal,



* Morphology of shock :-

- Brain - Ischemic encephalopathy.
- Heart - Coagulative necrosis / subendocardial hemorrhage / contraction band necrosis
- Kidney - Acute tubular necrosis
- Lungs - Diffuse alveolar damage / develop shock lung
- GIT - Hemorrhagic enteropathy
- Adrenal gland - Cortical cell lipid depletion may occur.
- Liver - Fatty change, central hemorrhagic necrosis.

* Lab diagnosis of shock :-

* Arterial blood gas :- Most useful laboratory investigation.

↳ Shows metabolic acidosis -
an elevated lactate level indicate inadequate tissue perfusion. ✓

* Hemoglobin & hematocrit :-

→ Not useful in diagnosis.

→ May remain normal.

→ Serial estimation of Hb is useful.

* Coagulation studies

* Electrolytes

* Urinalysis

* Blood grouping & cross matching.

* Treatment :-

→ IV fluids. ✓